

<b>Girls: U9 Fall '09 (U8 Spring '09) Born 8/1/00-7/31/01</b>			
Sun	10-May	5:00-6:30	Williamsburg MS #2
Sat	16-May	6:15-7:45	Williamsburg MS #2
Sun	17-May	6:45-8:15	Chesterfield
Rain Date: Tuesday, May 19 6:30-8:00 @ Bluemont Junction			
Age Group Head Coach: Jim Felix			
Assistant Coaches: Alexis Koppius and Malyna Valdez			

<b>Boys: U9 Fall '09 (U8 Spring '09) Born 8/1/00-7/31/01</b>			
Sun	10-May	6:15-7:45	Chesterfield
Sat	16-May	4:30-6:00	Williamsburg MS #2
Sun	17-May	5:00-6:30	Chesterfield
Rain Date: Monday, May 18 7:00-8:30 @ Chesterfield			
Age Group Head Coach: T.J. White			
Assistant Coaches: Mike Woods and Chris Smith			

<b>Girls: U10 Fall '09 (U9 Spring '09) Born 8/1/99-7/31/00</b>			
Thurs	4-Jun	5:00-6:30	Wakefield HS
Mon	8-Jun	5:30-7:00	Gunston MS
Wed	10-Jun	5:00-6:30	Fields Park
Rain Date: Thursday, June 11 6:45-8:15 @ Bluemont			
Age Group Head Coach: Erik Footland			
Assistant Coaches: Dan O'Neil and Erin Footland			

<b>Boys: U10 Fall '09 (U9 Spring '09) Born 8/1/99-7/31/00</b>			
Thurs	25-Jun	5:00-6:30	Gunston MS
Fri	3-Jul	5:00-6:30	Greenbrier
Rain Date: TBD			
Age Group Head Coach: Mo Tayari			
Assistant Coaches: Alexis Koppius and Chris Holden			

<b>Girls: U11 Fall '09 (U10 Spring '09) Born 8/1/98-7/31/99</b>			
Wed	3-Jun	5:00-6:30	Greenbrier
Mon	8-Jun	6:45-8:15	Washington-Lee HS
Wed	10-Jun	6:45-8:15	Wakefield HS
Rain Date: TBD			
Age Group Head Coach: Gayle Wilson			
Assistant Coaches: Natalie Gurson and Elise Pasick			

<b>Boys: U11 Fall '09 (U10 Spring '09) Born 8/1/98-7/31/99</b>			
Wed	3-Jun	5:00-6:30	Wakefield HS
Mon	15-Jun	5:00-6:30	Washington-Lee HS
Wed	17-Jun	5:00-6:30	Greenbrier
Rain Date: TBD			
Age Group Head Coach: Frank DeMarco			
Assistant Coaches: Mike Woods and Bryant Meckley			

<b>Girls: U12 Fall '09 (U11 Spring '09) Born 8/1/97-7/31/98</b>			
Mon	1-Jun	5:00-6:30	Wakefield HS
Thurs	4-Jun	6:45-8:15	Wakefield HS
Mon	8-Jun	5:00-6:30	Washington-Lee HS
Rain Date: TBD			
Age Group Head Coach: Ann Cernick			
Assistant Coaches: Julie Scarangella and Kelly Bigwood			

<b>Boys: U12 Fall '09 (U11 Spring '09) Born 8/1/97-7/31/98</b>			
Fri	12-Jun	5:00-6:30	Greenbrier
Sat	13-Jun	6:00-7:30	Chesterfield
Mon	15-Jun	7:30-8:30	Wakefield HS
Rain Date: TBD			
Age Group Head Coach: Grant Smith			
Assistant Coaches: Frank DeMarco, Mo Tayari			

<b>Girls: U13 Fall '09 (U12 Spring '09) Born 8/1/96-7/31/97</b>			
Fri	29-May	6:45-8:15	Greenbrier
Fri	5-Jun	6:45-8:15	Washington-Lee HS
Wed	10-Jun	6:45-8:15	Greenbrier
Rain Date: TBD			
Ajax Head Coach: Jerry Ellison			
Juventus Head Coach: Lexie Wilson			
Dynamo Head Coach: Papa Dia			

<b>Boys: U13 Fall '09 (U12 Spring '09) Born 8/1/96-7/31/97</b>			
Thurs	11-Jun	6:45-8:15	Greenbrier
Mon	15-Jun	6:45-8:15	Washington-Lee HS
Tue	16-Jun	5:30-7:00	Greenbrier
Rain Date: TBD			
Strikers Blue Head Coach: Chris Smith			
Strikers White Head Coach: Jim Felix			
Strikers Red Head Coach: Ariel Fernandez			

<b>Girls: U14 Fall '09 (U13 Spring '09) Born 8/1/95-7/31/96</b>			
Mon	1-Jun	5:30-7:00	Gunston MS
Wed	3-Jun	5:30-7:00	Washington-Lee HS
Wed	10-Jun	6:45-8:15	Washington-Lee HS
Rain Date: TBD			
Flame Head Coach: Dave Madlin			
Blast Head Coach: Wes Windsor			

<b>Boys: U14 Fall '09 (U13 Spring '09) Born 8/1/95-7/31/96</b>			
Wed	10-Jun	5:00-6:30	Greenbrier
Mon	15-Jun	5:00-6:30	Greenbrier
Tue	16-Jun	5:30-7:00	Wakefield HS
Mon	22-Jun	6:00-7:30	Williamsburg MS
Rain Date: TBD			
Firestorm Head Coach: Grant Smith			
Inferno Head Coach: Jawed Samie			
Blaze Head Coach: Dave Madlin			

<b>Girls: U15 Fall '09 (U14 Spring '09) Born 8/1/94-7/31/95</b>			
Wed	10-Jun	5:00-6:30	Washington-Lee HS
Thur	11-Jun	8:15-9:45	Greenbrier
Rain Date: TBD			
Explosion White Head Coach: Tunji Akiworo			
Explosion Blue Head Coach: Tunji Akiworo			

<b>Boys: U15 Fall '09 (U14 Spring '09) Born 8/1/94-7/31/95</b>			
Thurs	11-Jun	6:45-8:15	Wakefield HS
Tue	15-Jun	6:45-8:15	Greenbrier
Tue	16-Jun	7:15-8:45	Greenbrier
Rain Date: TBD			
Arlington FC Blue Head Coach: Luis Gendive			
Arlington FC White Head Coach: George Shirley			

<b>Girls: U16 Fall '09 (U15 Spring '09) Born 8/1/93-7/31/94</b>			
Mon	1-Jun	6:45-8:15	Wakefield HS
Thur	11-Jun	6:00-7:30	Gunston
Rain Date: TBD			
Intensity Red Head Coach: John McAuley			
Intensity Blue Head Coach: Papa Dia			

<b>Boys: U16 Fall '09 (U15 Spring '09) Born 8/1/93-7/31/94</b>			
Fri	12-Jun	6:45-8:15	Greenbrier
Wed	17-Jun	5:30-7:00	Wakefield HS
Wed	24-Jun	6:00-7:30	Greenbrier
Rain Date: TBD			
Generals Head Coach: Keith Moser			
Earthquakes Head Coach: Keith Moser			

<b>Girls: U17 Fall '09 (U16 Spring '09) Born 8/1/92-7/31/93</b>			
Mon	8-Jun	6:45-8:15	Wakefield HS
Tue	16-Jun	6:00-7:30	Gunston
Rain Date: TBD			
Blitz Head Coach: Curtis Wilson			
Fury Head Coach: John McAuley			

<b>Boys: U17 Fall '09 (U16 Spring '09) Born 8/1/92-7/31/93</b>			
TBD	17-Jun	7:00-9:30	Wakefield HS (all teams)
TBD	18-Jun	6:00-9:00	Washington-Lee HS (FC Arlington & Arsenal)
TBD	19-Jun	6:30-9:30	Greenbrier (Venom & Premier)
TBD	21-Jun	TBA	Greenbrier (scrimmages)
Rain Date: TBD			
Venom Head Coach: Jawed Samie			
Premier Head Coach: Tom Torres			
FC Arlington Head Coach: Luis Gendive			
Arsenal Head Coach: Mo Tayari			

<b>Girls: U19 Fall '09 (U17 Spring '09) Born 8/1/90-7/31/92</b>			
Sat	13-Jun	7:30-9:00	Washington-Lee HS
Tues	16-Jun	4:30-6:00	Washington-Lee HS
Rain Date: TBD			
Pride Head Coach: Tom Torres			
Impact Head Coach: Walid Amer			

<b>Boys: U19 Fall '09 (U17 Spring '09) Born 8/1/90-7/31/92</b>			
Sat	13-Jun	6:00-7:30	Washington-Lee HS
Thurs	18-Jun	6:00-7:30	Greenbrier
Rain Date: TBD			
Legend Head Coach: Matt Barlow			
Fusion Head Coach: Clark Miller			